

# Client Intake Information

Office Use Only

Therapist \_\_\_\_\_ Start Date \_\_\_\_\_

Ins Dx \_\_\_\_\_ Fee \_\_\_\_\_

Ref: \_\_\_\_\_

Today's Date \_\_\_\_\_

The information requested in this form will be kept **CONFIDENTIAL** and will help your therapist assist you.

## GENERAL INFORMATION - Please Print

Name: Last \_\_\_\_\_ First \_\_\_\_\_ MI \_\_\_\_\_

Mailing address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

PHONE (circle preferred number)

Leave message?

Email Address \_\_\_\_\_

Home \_\_\_\_\_

Y N

Since email is not secure, we would use it for communication about appointments only. Your permission to do so is denoted by your initials here \_\_\_\_\_

Work \_\_\_\_\_

Y N

Cell

Y N

Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_ Birth Place \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Employer \_\_\_\_\_

Your racial/ethnic identity:  African-American  Black  Native-American  Asian-American  
 Multi-racial  White/Caucasian  Hispanic  Other \_\_\_\_\_

Marital Status:  Single  Dating  Married/Partnered (# years \_\_\_\_\_)  Separated  Divorced  Widowed

Spouse/Partner's Name \_\_\_\_\_

How did you hear about us?  Internet  Family/Friend  Clergy  MD  Brochure  Yellow Pages  Therapist

Your religious preference:  Agnostic  Atheist  Buddhist  Christian  Hindu  
 Jewish  Muslim  No Preference  Other \_\_\_\_\_

Does your religious or spiritual preference play an important role in your life?  Very important  Important  Neutral  
 Unimportant  Very Unimportant

Type of counseling you are seeking:  Individual  Couples  Family

EMERGENCY CONTACT - Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

## Client's Authorization for Treatment and Payment:

*"I realize I am obligated to pay for any appointments I did not cancel at least 24 hours in advance."*

↓ Please turn over for side two ↓

Client's Signature

Date

**CONFIDENTIAL**

*Client's Name (Printed)*

**MEDICAL & PSYCHOLOGICAL HISTORY**

Physician's Name \_\_\_\_\_ Physician's Phone # \_\_\_\_\_

Date of last physical \_\_\_\_\_

List any current physical illnesses or symptoms \_\_\_\_\_

\_\_\_\_\_

List current medications \_\_\_\_\_

Have you ever been given a mental health diagnosis by a mental health therapist?  Yes  No When? \_\_\_\_\_

Therapist's Name \_\_\_\_\_ Therapist's Phone # \_\_\_\_\_

Have you or any other family member received help for drug or alcohol dependency?  Yes  No

When? \_\_\_\_\_ Where? \_\_\_\_\_

Do you want to use insurance benefits?  Yes  No Are you:  Primary Policyholder or  Dependent

Insurance Company Name: \_\_\_\_\_ Insurance Company Phone #: \_\_\_\_\_

Insurance ID # \_\_\_\_\_ Group # \_\_\_\_\_ Policyholder's Name: \_\_\_\_\_

Policyholder's Birthday: \_\_\_\_\_ Relationship to Policyholder: \_\_\_\_\_ Policyholder's Employer: \_\_\_\_\_

\_\_\_\_\_

**Client's Authorization for Insurance Use:**

*I authorize the release of health care information necessary to process any claims generated in my behalf by Discovering Your Truth LLC/Valerie Mondesir LMFT.*

*I hereby authorize payment directly to Discovering Your Truth LLC/Valerie Mondesir LMFT of any benefits due me for counseling / psychotherapy. I understand that I am responsible for any amount not covered by insurance.*

Client's Signature

Date

Client's Signature

Date